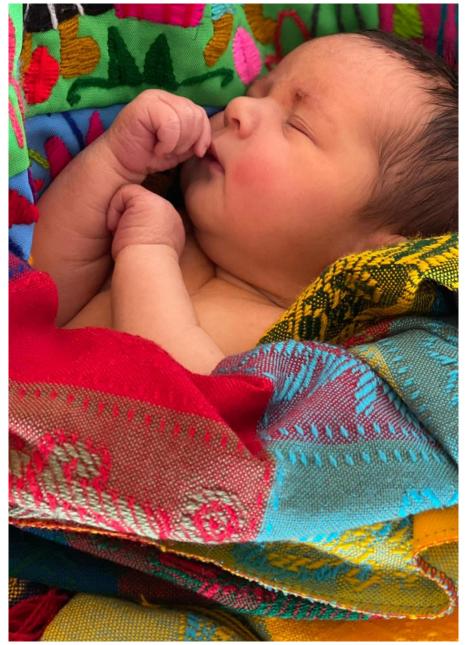


Contents

	Page
Baby News from Martin Brown!	3
A Poem to think about, from Hazel Ellis-Saxon	4
Brilliant Book Quiz: Questions	5
Reminder 2021 Short Story Competition	6
Book Reviews: Hamnet, review from Tracey Robbins	7
Book Reviews: Everyday Zen, review from Angie Bennett, Notes from an Apocalypse review from Maggie Weir- Wilson	8
Book Reviews: An Unwanted Guest, from Sandra Gordon	9
Brilliant Book Quiz: Answers	9
Festivals: Stay at Home Festival	10
Festivals: Hay Festival Programme Info, from Judy Clarke	11
Link to a short story, called The Bench, based on description and assumption from Tony Bauckham	44
Membership Subscription Letter	11 12
Authors with May Birthdays	13
Is UpLit Your Genre? by Maggie Weir Wilson	14
Short Form Group Writing Prompts	15
English Country Garden - Three Day Writing Retreat with cosy crime author: Daisy White	16 - 19

Baby News from Martin Brown!



Quote from Martin Brown:

"Just thought I'd send you a little pic for the newsletter. I'm happy to introduce Noa Brown who came on Sunday morning the 18th of April.

We're all doing well adjusting. We ended up with a birth at home with no midwives, so it was terrifying, exhilarating and utterly exhausting."

Hazel Ellis-Saxon sent in this fun poem which she thought we would enjoy:

Please Mrs Butler

by Allan Ahlberg

Please Mrs Butler This boy Derek Drew Keeps copying my work, Miss. What shall I do?

Go and sit in the hall, dear. Go and sit in the sink. Take your books on the roof, my lamb. Do whatever you think.

Please Mrs Butler
This boy Derek Drew
Keeps taking my rubber, Miss.
What shall I do?

Keep it in your hand, dear. Hide it up your vest. Swallow it if you like, my love. Do what you think is best.

Please Mrs Butler

This boy Derek Drew Keeps calling me rude names, miss. What shall I do?

Lock yourself in the cupboard, dear. Run away to sea. Do whatever you can, my flower. But don't ask me.



Brilliant Book Quiz: Questions

From the Penguin Book Quiz: https://www.penguin.co.uk/books/312992/the-penguin-book-quiz/9780241986035.html

Quickfire:

Six questions where the answers all contain the surname of a British prime minister . . .

- 1. *The Diana Chronicles* is a book about the former Princess of Wales by which former editor of *The New Yorker* and *VanityFair*?
- 2. In Mark Twain's *The Adventures of Tom Sawyer*, what's the name of the classmate that Tom falls in love with?
- 3. What's John Steinbeck's longest novel, which takes its title from a phrase in the Bible and became a film starring James Dean?
- 4. Barry Humphries's autobiography More Please chronicles his childhood in which city?
- 5. What name follows *The Miseducation of . . .* in the title of a lesbian coming-of-age novel by Emily M. Danforth that became the basis of an indie film in 2018?
- 6. Which African-American author's works include *Giovanni's Room*, *Notes of a Native Son* and *Go Tell It on the Mountain*?

And six where the answers all contain the surname of an American president . . .

- 7. Which British author's works include *Wise Children*, *Nights at the Circus* and *The Bloody Chamber and Other Stories*?
- 8. Who wrote *A Confederacy of Dunces*, published to great acclaim 11 years after he'd committed suicide partly because he couldn't find a publisher for the novel?
- 9. Who, in 1978, became the first woman to have a wholly self-penned number one single in Britain, with a song based on a novel of 1847?
- 10. Whose 1999 childcare guide *The Contented Little Baby Book* somewhat controversially advocates a strict feeding and sleeping routine for babies?
- 11. The History of Rasselas, Prince of Abissinia was the only novel by which 18th-century critic, poet and lexicographer?
- 12. Who wrote the true-crime book In Cold Blood, often called the first non-fiction novel?

Quiz answers on page 9

Eric C. Williams Short Story Competition 2021

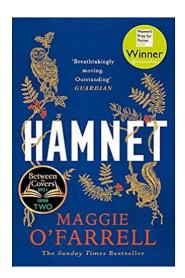


Please ensure you've submitted your votes for Gold, Silver and Bronze in our prestigious annual competition.

Votes need to be cast by email to lesleyhart007@gmail.com by midnight on16th May 2021

Book Reviews

Hamnet, by Maggie O'Farrell



If you have not read the reviews of this book, the quickest way to give you an overview is to say that it is about the son of Shakespeare and his wife, who dies at an all too early age, and is commemorated by his playwright father in the title of his work 'Hamlet' (Hamnet and Hamlet being entirely interchangeable in records of the time).

The author puts the name of Shakespeare and all its associations totally to one side and builds the world of Stratford in the late 1500's, the families living there, their relationships, the bartering nature of marriage at the time, and the lives of Agnes (Anne Hathaway, as she is more commonly known), Will and their courtship, marriage and children.

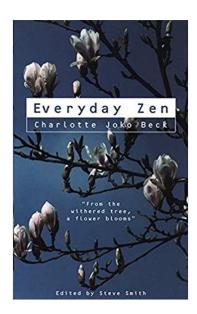
The character of Agnes is at the centre of the novel – a woman slightly out of kilter with the women of the day, a plantswoman who can brew potions to cure and salve ills, and who is a strong independent soul, sure and determined. Her husband-to-be is drawn as a restless man, disengaged from his family's business of glove-making, and fathered by an overly shrewd businessman, scornful and quick with his fists. The interplay between the adults in this household is well portrayed, the shifts and subconscious concessions made by the younger couple, and the gradual diminishment of the older as Will takes control of his life, and Agnes proves herself to be more than capable in so many ways.

The children, especially the twins (Hamnet and Judith) fill this world – they are alive on the page, so beautifully written, and the bond between the twins, which is to play a shattering role in the tragic centre of the story, is vivid and moving. The relationship between twins and mother is the focus of the tragedy – the all-consuming illness that Agnes is forced to fight with all her skills, and the ultimate outcome are so sensitively brought to the reader that I felt myself in the room with them all, watching, hardly daring to read on.

The second part of the novel deals with the aftermath, and the ways in which each family member deals with the heartbreak. The final section, involving a misunderstanding between husband and wife is wonderfully written, allowing both parents their share of grief, and the possibility of a way forward from the devastation they have endured.

Re-reading this, I realise that I've made 'Hamnet' sound like an all-out sob-fest, but it is so much more - Radio 4's Front Row called it 'Immersive... A real feat of the imagination', and the Observer rated it as '... the novel of O'Farrell's career...' You can't say fairer than that!

Review by Tracey Robbins



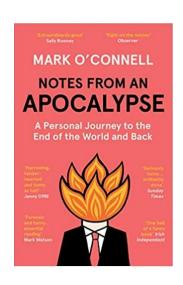
I recently passed this book onto a friend and then realised I needed to replace it and promptly ordered a new one! It was written by a Buddhist monk based in San Francisco. It is a straightforward guide to Buddhist practise, developed over her many years of living as a monk and teaching. Each chapter deals with a different aspect of Buddhist teaching and is followed by a Q and A session between her students and herself, around the aspect of bringing the teachings into everyday life.

Joko came to Buddhist practise relatively late in life, in her forties. She had been married, divorced and had children, which somehow helps to give the book has an accessible approach to Buddhism as part of daily life, not as something esoteric and mystical.

Since the pandemic many people have turned to various mindfulness techniques to help them cope with the demands of life under lockdown. I feel that Joko's light touch with a very deep subject could sit alongside self-help books, as well as perhaps opening up a different view of how we might choose to live our lives in a more conscious and compassionate way.

Review by Angie Bennett

Notes from an Apocalypse', by Mark O'Connell

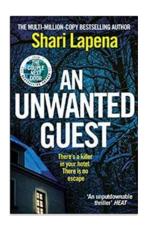


I wasn't quite sure whether this was the ideal book for lockdown but in the event, I enjoyed it very much and sped through it. Mark O'Connell is a writer based in Dublin with a young family. He writes for newspapers like the Guardian and New York Times, and has won prizes for his last book 'To be a Machine'. This latest book 'Notes from an Apocalypse' was written just before the Covid pandemic hit, and so in his 2020 paperback he has added an additional beginning chapter from this most recent apocalypse.

The book is essentially a memoir, not only about his apocalyptic anxiety but also about parenthood in these worrying times. He visits and interviews the American preppers, the Mars Society, millionaires buying up land in New Zealand, he spends time in the Scottish mountains and finally visits Chernobyl, that vision of a nuclear destroyed world. All quite fascinating and told with humour, insight and wit. I even learnt some new words – who knew what 'refulgent' meant?

It's a good read, interesting and entertaining, and it might even spawn some ideas for stories in the sci-fi or dystopian genre.

Review by Maggie Weir-Wilson



An Unwanted Guest, by Shari Lapena

This novel only covers a weekend – minute by minute, but it's brilliantly put together and fast paced so consequently keeps you gripped – to the very end!

Easy to read and the author has done a great job with all the characters so you can immediately relate to them without having to think 'who's that'.

I don't want to give too much away to avoid spoiling the intrigue, so my review is short and sweet but it's a skilful ending with not one but two twists – so make sure you read to the very last page!

Shari Lapena worked as a layer and an English teacher before writing fiction. She has two other novels – The Couple Next Door, and A Stranger in the House which are on my list of books to read!

Will be interested to hear what others think! Enjoy!

Review by Sandra Gordon

Brilliant Book Quiz: Answers

From the Penguin Book Quiz: https://www.penguin.co.uk/books/312992/the-penguin-book-quiz/9780241986035.html

- 1. Tina Brown
- 2. Becky Thatcher
- 3. East of Eden
- 4. Melbourne. (Like Humphries himself, the book does move on from there. The title *More Please* comes from the first words that Humphries apparently ever spoke.)
- 5. Cameron Post
- 6. James Baldwin
- 7. Angela Carter
- 8. John Kennedy Toole
- 9. Kate Bush (the single being 'Wuthering Heights')
- 10. Gina Ford
- 11. Samuel Johnson
- 12. Truman Capote

Stay at Home Literary Festival 2021



The Stay at Home Literary Festival is back. The brainchild of author and senior lecturer at the University of Glasgow CJ Cooke, the festival began last year as a single tweet. A few short weeks later the festival launched, bringing together 220 authors and industry professionals with support from lead partner, Paper Nations. With 145 events held over two weeks, Stay-at-Home! debuted as one of the largest literary festivals in the United Kingdom.

Whilst being a celebration of reading and writing, the festival also aims to combat loneliness by championing community and connection amid social distancing.

This year's theme is inspired by <u>The Danger of a Single Story</u>, Chimamanda Adichie's treatise about the unintended consequences of unquestioned narratives. This year there are a more diverse panel of writers and industry professionals, offering their own unique perspectives from a wide range of experience and backgrounds.

The festival is free to attend though donations can be made when registering for events. All events, excepting those on Instagram Live are closed caption.

This year's festival runs from Monday 26 April to Sunday 9 May and features over 80 events including workshops, author interviews and discussions.

Authors appearing include Neema Shah, Harriet Tyce, Felicia Yap, Erin Kinsley, Helen Lederer, Oliva Kiernan and Trevor Wood.

There will be poetry events, readings and workshops including how to translate your fantasy world onto the screen and flash fiction hints and tip.

I am chairing an event on Monday 26 April at 7pm with William Shaw, Nina Allan and Rebecca Wait where we will be finding out about their latest novels and look at how location plays a role in a story.

You can find out more about the programme and register for places here.

Or follow this link: https://www.stayathomelitfest.org/the-programme/

Hay Festival Information and Programme 2021, from Judy Clarke



We're delighted to launch our programme for the Festival's 34th spring edition, broadcasting for free online from Hay-on-Wye to the world 26 May–6 June. Over 12 days, more than 200 acclaimed writers, global policy makers, historians, poets, pioneers and innovators join us to inspire, examine and entertain in events for all ages. All events will be closed-captioned and available to watch for free 24 hours from their live broadcast.

If you are in a position to support us, <u>please donate or join the Festival family and become a Friend, Patron or Benefactor</u>.

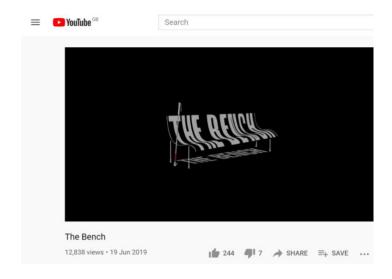
For the full programme and information please paste one of the two links below into your browser:

https://www.hayfestival.com/wales/home?utm_medium=email&utm_campaign=Hay%20Festival%20Monthly%20-%20May&utm_content=Hay%20Festival%20Monthly%20-%20May+CID a79ed59dd7b71d6369c4215aaab4f616&utm_source=Newsletter

https://clicksend.hayfestival.com/t/ViewEmail/y/642BFB723CF474822540EF23F30FEDED/8B00D4A69FD3 C8746E6039C17E42EE19

Link to a short story, called The Bench, based on description and assumption from Tony Bauckham:

Follow this link: https://www.youtube.com/watch?v=8AEFMXQnRtU



Dear Member.

MEMBERSHIP SUBSCRIPTION

Firstly, thank you for re-endorsing my role as Treasurer for our Horsham Writers Circle (HWC), which I aim to serve to the best of my ability.

Following the presentation of the Treasurer's Report at the AGM of the HWC held 15th April 2021, it was agreed that in order to maintain a reasonable and sustainable HWC bank balance membership subscription would be resumed for year April 2021 to March 2022.

As we are not paying for room hire at this time, the subscription amount was agreed at the reduced rate of £10 (formerly £24.00 per annum). This will hopefully cover the year's expenses, provided that our meetings can continue in the virtual world of Zoom and can be hosted free by our members who already hold Zoom subscriptions.

Review of the subscription rate will be an agenda item at the next AGM in March or April 2022.

To facilitate payment of membership subscriptions, the following methods are offered:

- Online Bank Payment to
 - Bank Sort Code 776312
 - o Bank Account Number 89352768
 - Full Name of Account HORSHAM WRITERS CIRCLE
- OR by Cheque
 - Paid to HORSHAM WRITERS CIRCLE
 - And posted to 9 Rowlands Road, Horsham, West Sussex RH12 4LH.

Please can I request that members make the payments at the earliest opportunity (remember that membership is a pre-condition of entry to the HWC's competitions).

Many thanks to all members for your ongoing support and for agreeing the subscription. I look forward to the continued vitality of our writing circle.

Clive Newnham.

HWC Treasurer.

Authors with May Birthdays

Please open the link attached to the author's name to look at books written by each author:

Ben Elton 3rd May 1959 Dystopian/Comedy and Crime: Stark

Peter Benchley 8th May 1940 Thriller: Jaws

Richard Adams 9th May 1920 Anthropomorphic: Watership Down

Alan Bennett 9th May 1934 Television Monologue: Lady in the Van

Betty Jeffrey 14th May 1908 Biography: White Coolies

Max Brooks 22nd May 1972 Humour/Horror: World War Z

Arthur Conan Doyle 22nd May 1859Crime, Fantasy, Sci-Fi, Historical, Non-Fic: The Hound of the

Baskervilles

Anthony Hill 24th May 1942 Family Saga: Captain Cook's Apprentice

Christopher Andersen 26th May 1949 Journalism/Biography: The Good Son: JFK Jnr

<u>Lea Wait</u> 26th May 1946 Historical: *Needlepoint Mystery Series*

T. H. White 29th May 1906 Fantasy: The Sword in the Stone



Is UpLit your Genre? By Maggie Weir-Wilson

Last week and this I have been logging into a variety of webinars and interviews at the Stay-at-Home! Literature Festival organised by the University of Glasgow. During the two weeks there will be over 80 offerings, all free, although if you give a donation you can watch them all again and catch the ones you missed.

The session that particularly caught my eye at the weekend was UpLit. What was that? I wondered. In a panel discussion four new authors talked about their surprise at being classified by publishers in this new genre. The name means 'uplifting literature' and it is apparently all the trend at the moment. Perhaps not surprisingly, given the trauma of Covid and our search for comfort and hope.

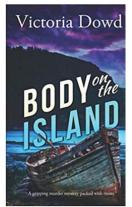
The authors on the panel were clear that their stories were not at all 'fluffy'. For example, Matson Tayor's first novel 'The Miseducation of Evie Epworth' is a family story both humorous and poignant, which he said cheered him up while he was writing it. Family and relationship stories are firmly in this genre as with the books by two of the other panellists, Nicola Gill 'We are Family' and Gillian Harvey's 'Everything is Fine'. The final panellist, Victoria Dowd was a criminal barrister turned writer and felt that she could still deal with dark subjects like her murder mystery 'Body on the Island' with lightness and humour. A balance of light and dark was important, as was writing characters readers could empathise with and actually like. Comforting, uplifting and hopeful was the overall theme. I think I will have to hold off on that dystopian nightmare story then!

The Miseducation of Duje Duorth
Duorth
Marson
Taylor

The Miseducation of Evie Epworth, by Matson Taylor July, 1962. Sixteen year-old Evie Epworth stands on the cusp of womanhood. But what kind of a woman will she become?

The fastest milk bottle-delivery girl in East Yorkshire, Evie is tall as a tree and hot as the desert sand. She dreams of an independent life lived under the bright lights of London (or Leeds). The two posters of Adam Faith on her bedroom wall ('brooding Adam' and 'sophisticated Adam') offer wise counsel about a future beyond rural East Yorkshire. Her role models are Charlotte Bronte, Shirley MacLaine and the Queen. But, before she can decide on a career, she must first deal with the malign presence of her future step-mother, the manipulative and money-grubbing Christine.

If Evie can rescue her bereaved father, Arthur, from Christine's pink and over-perfumed clutches, and save the farmhouse from being sold off then maybe she can move on with her own life and finally work out exactly who it is she is meant to be.



Body on the Island, by Victoria Dowd

Ten stranded strangers.

A murderer on the loose.

Ursula Smart, along with her dysfunctional family, heads to Scotland for a gentle weekend of foraging and camping in the Outer Hebrides.

Their boat capsizes. Washed up on an uninhabited island, the Smart women face starvation, freezing conditions and — worse — no Wi-Fi.

A fun escape swiftly turns into a desperate battle for survival. Someone begins killing them off one by one.

Will our gang of Smart women escape or will they be next?

SHORT FORM GROUP

SUGGESTED SUBJECTS FOR OUR NEXT MEETING (MAY 20TH) AND, IF POSSIBLE, PUT ON OUR FORUM: horshamwriters.freeforums.net

THEY'RE ALL SUCH GOOD TITLES- OH DEAR, WHICH ONE ONE AM I GOING TO CHOOSE?

1. THE SEASON(S)

2. STORY (POEM OR SCRIPT) FROM AN UNRELIABLE (OR RELIABLE) NARRATOR

3. SOMETHING INVOLVING HORSHAM OR A VILLAGE/TOWN IN THE AREA

OR, 4. SOMETHING YOU WANT TO WORK
ON OF YOUR OWN





West Sussex Writing Retreats

- *Informative, relaxing English country garden retreats.
- *Perfect for boosting confidence & wellbeing.
- *Ideal for those just starting out of their writing journey, established writers in search of a confidence boost or anyone who wants to explore writing as way of getting those creative sparks flying.
- *All retreats focus on YOU & YOUR work, with 1-2-1 discussions on next steps for your writing ambitions, synopsis & first chapter analysis, and the all-important submission package review for those at this stage.
- *Maximum of 10 guests on each retreat.

Current Dates Available:

July 30th - August 1st 2021

About Me

I'm Daisy, and I write crime fiction (cosy/psychological thrillers/crime thrillers) for HarperCollins, Joffe Books & Bloodhound Books as Daisy White/D.E.White. So far I have written & traditionally published 11 adult crime books, self-published 3 Young Adult books, and had 1 picture book story for young children published by an Australian indie publisher. My most recent books are published as ebooks, audiobooks, & paperbacks.

After switching genre, my crime books have been US and UK overall top 100 bestsellers, and I feel very lucky to now be able to earn a living by making up stories.

I've been round the block, up the mountain, and experienced the highs & the lows many times over! I tell it like it is, and I'm completely honest; whether you want to ask me about how much authors earn, what agents do, how publishers work, how many rescue chickens I have... I will tell you the truth. I share my marketing/PR/submission package tip, book sales & review tips on every retreat, and I'm always experimenting with new ways to get those book sales coming in.

In addition to my writing, I am also an award-winning serial entrepreneur, focusing on small business startups. I have championed small business at Number 10, Downing Street, been part of trade delegations, taken the lead on various pop-up shop collaborations, and enthusiastically support Small Biz Saturday and Small Biz UK.

I love mentoring, and starting the writing retreats has been a dream for a few years now. I'm so excited to meet you, read your work and hear all about your own creative journey!

If you have a question I don't know the answer to, I will always do my best find out for you.

I'm rep'd by The Kate Nash Literary Agency.

You can find out more about my books at www.daisywhiteauthor.co.uk

Daisy x

Let's get started!

What's included in the retreat?

A sample day will run as follows and include a mix of creative writing exercises and informative workshops. There are some power point presentations, but we try to keep focused on writing notes using pens and paper, and a flip chart. We are very aware some people will prefer to take notes on ipads/phones/laptops so if that's for you go ahead. Every journey is different, and every writer is different and we want to embrace that!

Locally-sourced lunches are included, plus tea, coffee, water, biscuits during the day, juices and pastries on arrival on Day 1 and a traditional cream tea before departure on Day 3.

Day 1: ARRIVE

0815 Start the day with an optional gentle 30-minute programme of Yoga stretching to release tension & and spark creativity. No extra clothes or equipment needed. You are welcome to bring your own mat if you have one. Just wear nice comfy clothes you feel happy in (in fact this applies to the whole 3 days).

Juices & pastries available if you fancy a snack.

0900 Intro and Welcome

0930 -1230 Workshops split into 1 hour sessions. Tea, coffee, water and cake available all day.

1230 LUNCH – Locally sourced ingredients from our village pub The Crown. You will be provided with a menu at the beginning of the day, but please inform me when booking of any allergies/intolerances as they can be catered for.

1330 – 1600 Workshops split into 1 hour sessions.

1600 We finish with a leisurely chat/Q&A, any readings if you would like to get some practice in or bounce ideas off everyone.

You may then find a spot in the field to do some solitary winding down, chat with fellow attendees, or just work quietly in the marquee.

You might head off to take advantage of activities in the local area. These include:

Knepp Wildlands are ten minutes walk, and include a Yoga Garden, and guided walks and tours of the rewilding project .

Local pubs include The Crown (five minutes' walk), The Countryman (an hour's walk, half an hour on a bike, or a ten minute car journey), The Selsey Arms (fifteen minutes car journey).

Please Note:

1-2-1's will take place on days 2 & 3 after 1600.

There is a variety of accommodation which can be booked locally, including Glamping at Knepp Wildlands, boutique country village B&B at The Crown Pub in Dialpost, or splash out on a Luxury Spa Hotel at South Lodge Hotel.

On Day 3 we finish with a traditional cream tea & a chance to network/continue readings etc.

The marquee and garden are open until 1800 every day and you are very welcome to stay until then, working, or walking, or (hopefully) just enjoying the sunshine and letting your mind & body relax.

Overview;

Day 1 – ARRIVE; Focuses on our creativity, releasing the pressure of everyday life and allowing us to find our voices in an uncluttered environment. This experience will be different for everyone, and workshops will cover writing the first chapter of your novel, beginning to use a mind map for general ideas, thinking about an author profile. Who do you want to be as a writer? Perhaps you already have books published but need to take a step back and think about your achievements and where you journey will take you next?

Day 2 – EXPLORE; Focuses developing skills. This could be how to get to and over the middle of your novel, or building on yesterday's sessions. This is also the day we cover the perfect submission package, including the dreaded synopsis. We will also talk about publishing options and agents, and discuss which might be best for you. If you are just starting out, this is usual information to have, and can give you the encouragement and boost you need to step into the writing world.

Day 2 – EMBRACE; Focuses on continuing to build your knowledge and confidence. Sessions on marketing your work/PR/getting reviews/further options. Today we will also cover the all important ending of your novel and how to make it rock! Finally, we will enjoy our cream tea and celebrate your achievements. There is no pressure to share your work and if the retreat, for you, was just about getting into the right mindset and realigning your creative energy, this is just as great an achievement as writing THE END on your novel. Embrace it!

***We will have a one-hour Guest Workshop at every retreat. For July 30th-Aug 1st our guest will be screenwriter Hayley November.

Q&A's

Where is the Retreat held?

In keeping with our English Country Garden theme, the retreat is held in a marquee in a field. There is parking available, but if possible we encourage you to share lifts, walk or bike from your accommodation. The retreat is held in Dialpost Village, West Sussex RH13 8NS.

What happens if it rains?

The Retreat will still go ahead unless weather conditions are so adverse we need to cancel/postpone due to our event supplier's advice.

Are there any toilets?

Yes, fully contained toilets are also provided by our event suppliers.

What happens if I book, but then need to cancel?

In order to keep costs and numbers down these retreats run on a tight budget. You can cancel up to 1 month before your booked date and receive a full refund. If you need to cancel nearer the date, for whatever reason, you will receive a rebooking form allowing you to join in with the next available retreat.

What happens if the retreat is cancelled?

You will receive a full refund if I need to cancel the retreat. I will not ask for full payment until we have filled to our minimum capacity, which is currently 5 guests.

What about Covid?

One of the reasons we chose to be in a field in a marquee is because we can take advantage of nature, and the fresh air. We will also make sure you have ample spacing inside the marquee, and provide hand sanitizer stations in the marquee, toilets and car park areas.

How much does it cost?

The full 3 day retreats are £499 per person. The programme is designed to run for 3 days, so (and we have had questions about this) you can't really dip in and out or you may miss opportunities such as 1-2-1 feedback etc.

Will you be running 1 day retreats?

Possibly in 2022, but again we feel the retreats are not just a day of information, but a total experience and a journey from Day 1 to Day 3.

How do I book my space?

Firstly, email <u>daisy@daisywhiteauthor.co.uk</u> to register. You will then receive a booking form to complete and will need to pay the non-refundable £100 deposit. The final balance will be due 1 month before the date of the retreat. If you want to chat about any aspect of the retreat, please don't hesitate to either email of ring 07973 864612.